

Roadmap for using the White Ribbon Campaign in a Box

1. Before you start, send the Letter to Parents' or Guardians' home, informing them of your use of this program, the template for which can be found on the next page. This letter can be customized to suit your individual class/group needs or it can be photocopied directly from this resource. A tip sheet for parents is also available at the end of this resource
2. Make enough copies of the reflective youth journal for use by each of your youth.
3. Please distribute tip sheets as needed.

If you have three hours to use White Ribbon Campaign in a Box we suggest:

Activity 2: Sharing What We Really Think

Activity 3: Life in a Box: Girls should... Boys should....

Activity 4: Scenes of Dating: Healthy or unhealthy?

We suggest that you plan one White Ribbon Campaign activity, from the "Your White Ribbon Campaign" section of this resource, such as Handprints Against Violence or reading statistics during your school's morning announcements.

If you have six hours to use White Ribbon Campaign in a Box we suggest:

Activity 2: Sharing What We Really Think

Activity 3: Life in a Box: Girls should... Boys should....

Activity 4: Scenes of Dating: Healthy or unhealthy?

Activity 6: Boys don't have to be one of those boys

Activity 7: Our future has no violence against women, The White Ribbon Campaign

We suggest that you plan one White Ribbon Campaign activity, from the "Your White Ribbon Campaign" section of this resource, such as creating a banner, mural or youth created posters.

If you have ten hours to use White Ribbon Campaign in a Box we suggest:

Activity 1: Exploring Power Differences and Individual Responsibility

Activity 2: Sharing What We Really Think

Activity 3: Life in a Box: Girls should... Boys should....

Activity 4: Scenes of Dating: Healthy or unhealthy?

Activity 5: Scenes of Dating: Andrea and Azar

Activity 6: Boys don't have to be one of those boys

Activity 7: Our future has no violence against women, The White Ribbon Campaign

We suggest that you plan two to three White Ribbon Campaign activities, from the "Your White Ribbon Campaign" section of this resource, such as inviting a guest speaker, a community display table to raise awareness to the issue or planning an on-going White Ribbon discussion group.





WHITE RIBBON
CAMPAIGN

Date: _____

Dear Parent/Guardian:

It's been said that an ounce of prevention is worth a pound of cure. I am writing you today with a message of hope for our children. Together we are going to end the problem of violence against women through stopping it before it has a chance to start. We are inviting your child to participate in a special educational program that will assist your son or daughter make healthy, respectful relationship decisions for themselves now and in the future.

Your child's school or community group has recently received a brand new educational program specifically designed for teachers and community leaders of Ontario youth aged 11 to 14 years. This resource was created by the White Ribbon Campaign (www.whiteribbon.ca) in partnership with experts from across Ontario and was funded by the Government of Ontario, the Ontario Women's Directorate. The resource is called **White Ribbon Campaign- in-a-Box**. It includes up to eight learning activities, linked to the Ontario Ministry of Education curriculum expectations, led by your child's teacher or group leader, as well as a number of action plans that help promote awareness in our communities about healthy equal relationships.

As part of the White Ribbon Campaign in a Box, your child will receive a reflective journal and they will be encouraged to draw and/or write about what he/she is learning. Your son or daughter will also receive a button encouraging them to add their voices and opinions to an online youth discussion forum at www.whiteribbon.ca. The reflective journal is not intended to be homework, but rather, a place for youth to gather their thoughts that will spark any questions they may have about gender equality, respectful relationships, peer pressure and healthy positive relationship choices.

In addition to providing the White Ribbon Campaign-in-a-Box, we encourage you to share with your son or daughter, your thoughts and feelings about the importance of not tolerating abuse and the importance of healthy equal relationships. Tip sheets are available to help you before talking to him/her.

If you would like to see the White Ribbon Campaign in a Box, please visit www.whiteribbon.ca and click on the Educators button. Thank you for supporting this initiative and working towards a future without violence against women. Should you have any questions please don't hesitate to contact us.

Tuval Dinner
Education Officer
White Ribbon Campaign

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